

The first prayer

O most sweet Lord Jesus Christ, eternal sweetness of those who love thee, and joy, desire, and firm hope of the hopeless; solace of the sorrowful, and most merciful lover of all penitent sinners, who hast said, thy delight is to be with the children of men, for the love of whom thou didst assume human nature in the fullness of time; remember, most sweet Lord Jesus, all those sharp sorrows which did pierce thy sacred soul, from the first instant of thy incarnation, until the time of thy sorrowful passion, preordained from all eternity; remember, O most amiable Saviour, all that bitter anguish thou didst suffer, when at thy last supper thou didst wash the feet of thy disciples, and didst feed them with thy precious Body and Blood, and most sweetly comforting them, didst foretell them thy ensuing Passion. Thou saidst: My soul is sorrowful even unto death. Remember, I beseech thee, O most sweet Saviour, that bitter grief and anguish which thy sacred soul didst suffer, when, praying three several times to thy heavenly Father, thou didst sweat water and blood; thou wast betrayed by thy own disciple, apprehended by thy chosen people, accused by false witnesses, unjustly arraigned before three judges, and in thy chosen city, in the paschal solemnity, in the flourishing age of thy youth, wrongfully condemned, bound, beaten, spurned, spit upon, despoiled of thy garments, clothed with others in scorn; wast blindfolded, buffeted, spit upon again, bound naked to a pillar, most cruelly scourged, crowned with thorns, struck with a reed, and afflicted with innumerable other torments, pains, and injuries. O my Lord Jesus, by the memory and merit of all that bitter pain and anguish before thou breathedst thy last upon the Cross, vouchsafe to grant me, before my death, true contrition, entire confession, a flowing fountain of tears, full satisfaction, and plenary remission of all my sins. Amen.

Text and its source: saintsencyclopedia.com/prayers/15-prayers-of-st-bridget/

saintsencyclopedia.com