



The Prayer of St. Ephrem

O Lord and Master of my life, grant not unto me
a spirit of slothfulness, of discouragement, of
lust of power, of vain babbling.

But vouchsafe unto thy servant the spirit of
continence, of meekness, of patience, and of
love.

Yea, O Lord and King, grant that I may perceive
my own transgressions, and judge not my brother.
For blessed art thou unto ages of ages. Amen.