



A prayer for the Spirit of Fortitude

Come, O Blessed Spirit of Fortitude, uphold my soul in every time of trouble or adversity. Sustain all my efforts after holiness; strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome, and separated from Thee, my God, my chiefest Good. Amen.

Text and its source: saintsencyclopedia.com/prayers/prayer-for-strength/

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